



AMSLER GRID INSTRUCTIONS

With your **reading** glasses on stand 14 to 17 inches away from the grid.

Cover and test one eye at a time.

With one eye covered look at the center dot on the grid.

While looking at the center dot observe the horizontal and vertical lines on the grid

If you notice a change in the grid such as; distortion, a spot or missing lines on the grid this could be a sign that your macular degeneration is changing.

If you feel there is a change on the grid notify the office by calling **352-597-2604**